

Contours Express®

227 North Main
Street
Sikeston, MO 63801

(573) 471-3151



National Breast Cancer Awareness Month

together we can find a cure



**Contours Express
will donate
\$10.00 to our
local American Cancer
Society when you join
during October.**

**Help reduce your risk of Breast Cancer
while helping the lives of others.**

- customized workout plan
- strength training program
- treadmills and ellipticals
- friendly, women only environment

**Contours Express -
Helping women
change their lives
one step
at a time.**

